



PORTADOWN RUNNING FESTIVAL 2025

RACE INFORMATION

Welcome to the Portadown Running Club Festival of Running Sunday 23rd March 2025. We look forward to seeing you. Please read carefully, all the important information you need is below



LOCATION

Portadown Rugby Football Club, PRFC 287 Bridge Street, Portadown, BT63 5AR

<https://maps.app.goo.gl/rK9nB1sBKeBMx1Fr9>

BIBS

Bibs have been posted and must be worn throughout the duration of the race. In the event your race bib does not arrive via post, please bring proof of your registration to the bag drop area and you will be issued with a new bib and number, your initial race number will be made void. Race tops and medals will be distributed at the finish line

START TIMES

Please note the finish line for all races will be inside PRFC. Our routes have been officially measured and there will be separate starting points for each distance. Please be at the club at **0825** for safety briefing, warm up and escort to your starting point - we will be sticking to a tight schedule to get all our runners off and through the course on time.

- Safety Brief **0825**
- Warm up all races **0830**
- **Half Marathon** - leave PRFC for short walk to start line **0840**
- **Half Marathon** starts **0900**
- **5K** leave PRFC for short walk to start line **0910**
- **5K** starts at **0930**
- **10K** leave PRFC for short walk to start line **0925**
- **10K** starts **0945**
- Prize giving **5K 1015** (prize winners must be present and verified as the named runner)
- Yoga Cool down sessions **1030**
- Prizegiving **10K 1045**
- Prizegiving **HM 1115**
- Race closes **1200 (strict 3 hour cut off time)**

BAG DROP

Bag drop will be available at PRFC from **0730** on race day and will be situated upstairs in the club house. Please ensure you use the tag provided on your bib to correctly label your single bag. PRC and PRFC are not responsible for items not correctly labeled or not left in official bag drop locations.

PARKING

On race day there will be **no vehicle access** to PRFC or along Bridge Street. There is a large car park at the Asda Superstore <https://maps.app.goo.gl/HVAGUce6jmWPnd599> a short walk from the rugby club. Please note we ask you to be courteous to local homes and businesses on the day, parking is at your own risk and Portadown Running club accept no responsibility to loss or damage to vehicles or contents. Please do not park along the route or ignore road closure notices.

Portadown Train station is also a short walk from PRFC public transport information please check out [Translink](#)

RACE DAY FACILITIES

Toilets and changing rooms will be available at PRFC and at the Gilford water stop. Should your club wish to erect gazebos these must be dropped off at PRFC before 0700 and collected after 1230 contact janinebmaher@hotmail.com to notify us of your plans. Please note vehicles will not be able to access the club after **0700** and will have to be on foot

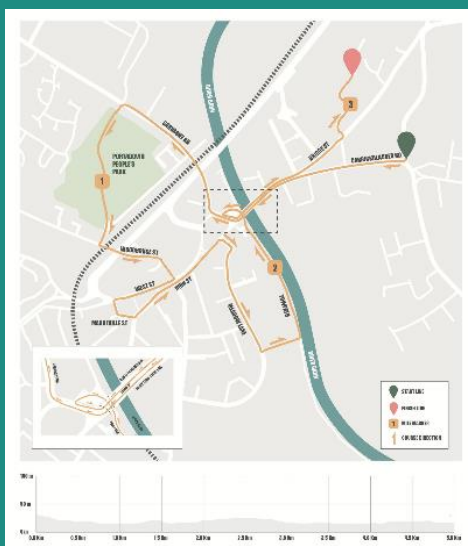
PACERS

We are delighted to offer pacers for Half Marathon at the following times **1:30/1:40/1:50/2:00 and 2:10**. They will be signed, please look out for our pacers in the park and position yourself behind your predicted race time at the start line

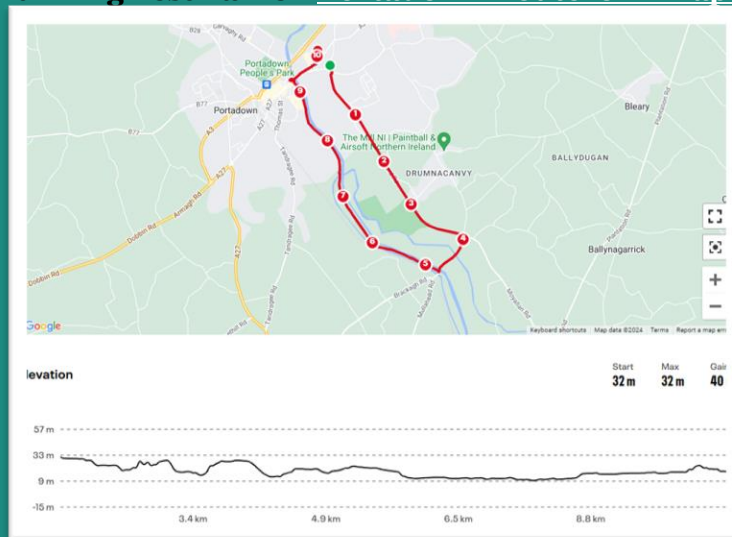
ROUTE

Please see route maps attached. For your own safety and for other runners please listen to the safety brief prior to the race, follow the signage and marshals' instructions along the route. Please note the terrain along the route includes, paths, roads and woodland and maybe uneven in places. The wearing of headphones is not permitted.

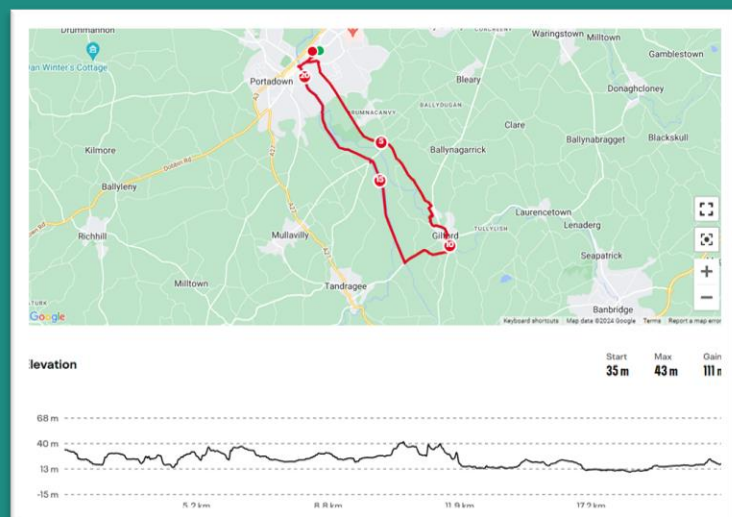
Portadown Running Festival 5k <https://www.strava.com/routes/3331330900589574706>



Portadown Running Festival 10k Portadown Route 10k - MapMyRun



Portadown Running Festival Half Marathon Portadown Route Half. marathon - MapMyRun



WATER STATIONS

There will be water stations approx. every 5k along the route, we will be using bottled water with compostable, disposable cups. Please make every effort to use the bins available to dispose of any rubbish along the route and respect our local environment

5k

- Portadown Boat Club

10K

- Knock Bridge on towpath
- Portadown Boat Club

- Finish Line

Half Marathon

- Moyallan roundabout
- Gilford Riverside Walk carpark electrolytes and toilets available
- Knock Bridge on towpath
- Portadown Boat Club
- Finish Line

POST RACE

To reward you for all your hard work you at the finish line you will receive a fabulous medal, one of our much sought after race tops (if you registered in time to receive one, it will say so on your bib) water, fruit, and snacks for all runners. This year we have opted to give our runners a running buff instead of a last year's bacon roll although Flatdogs will be available should anyone wish to purchase food

YOGA

To help with your race cool down, there will be short yoga sessions offered by Julie Osbourne Yoga inside the clubhouse. Starting at **10.30** these 10-minute sessions will be first come first served and mats provided to facilitate a proper cool down stretch.

RACE PHOTOGRAPHY

We will have a photographer on the day & these can be viewed/purchased on his website [Photography for all sports events by My Sports Photo](#) We will also upload the link to our social media pages.

RESULTS

Results will be provided by CORETIMING and published on their website [Portadown Running Festival 24 - Core Timing](#)

SPONSORS

Thank you to our event sponsors!



COURTESY REMINDER

We want all runners to enjoy the day, but please remember to be courteous to each other, to our volunteer marshals, supporters, residents along the route, environment, PRFC facilities and other users of the Tow Path (walkers & cyclists). PRFC has a strict no dogs policy within the club grounds.

Look forward to seeing you all soon!

Many Thanks

Portadown Running Club

Janine Maher – Race Director

janinebmaher@hotmail.com

